

HOW TO STUFF A KONG

The following is how I start off dogs who aren't used to working on a Kong. I do it this way because if you stuff it so that it's difficult to clean it all out easily, many dogs give up and you have more cleaning to do.

The first time you stuff a Kong fill it almost all the way up with their kibble. Leave a space at the wide opening of about 1/2 an inch. Fill that space with something wet; peanut butter, liver sausage, cottage cheese, baby food, vanilla yogurt, canned dog food, or anything else you can think of. Freeze the whole thing for an hour or two. Your dog will easily get that end plug out, and will discover that the kibble spills out without any trouble.

The next step is to fill it 2/3 of the way with kibble, put a layer of wet stuff (any of the above) another layer of kibble, and the end with a wet plug. Again freeze for several hours or overnight.

Once the dog gets pretty good at that you can make it a bit harder. After a few times of stuffing it I'm putting in a one inch later of kibble and then alternate wet food with kibble.

I like to use kibble for my Kongs because it doesn't mess up their diet (I have one dog with a touchy stomach), I know it's nutritious, and because I always have kibble on hand.